Woman's Page

LOVE and MARRIED LIFE by the noted author Idah McGlone Gibson

mother was dying until the next it. morning, when I was awakened by some one coming into the room, and it, all right." looking up saw that it was my hus

his face. It was sterner rather than in a tone touched with anger. sad. He came forward and lifted me up in his arms, saying: "It seems, "I am not touched with anger."

a surprise you are, John! I didn't ex-"Not at a time like this?" he an-

swered abruptly. Of course I couldn't remind John that the last time I had gone through affair of this kind, he had deliberately left me to go through it alone. So I explained by saying, "I was so I didn't expect you, dear."

Important Business Engagement. Gaylord telegraphed me, and I took the first train, of course. It was a great trouble for me to do so, as I had in important business appointment. However, I could not leave you alone at course would be the first to find lault with me because of my absence. He knows I have criticized him and his

Slowly I drew my arms from about all when he expresses his thoughts, hold. He seems to think that I am in thought his other self.

doctor said you should not leave your however, be exempt from taxation. bed today and I came up just to tell The proposed tax on Italian stocks you that I was here and that I was and shares held abroad is criticised you that I was here and that I was

ble at a piece of toast and drink a cup moment. of strong coffee. I'm going to order you a beefsteak, some fried potatoes and some hot cakes."

"Don't, John, don't! I couldn't pos sibly eat them, and the odor of them would be more than I could bear."

Going to Send Them Away. "Well, I'm going to send them anyway and see if you will not eat a lit-

I did not realize until afterward how John Gordon, what would you think strange it was that my thoughts never if I insisted upon ordering and making strange it was that my thoughts during turned to John, my husband, during you eat toast, which you detest, and the evening that my mother died. At my father's death and burial, my trayful of food to me this morning I whole heart was breaking because shall send him back to the kitchen. I John was not with me, but I did not think of him after I had found that der what I want when I am ready for

"Oh, if that's the way you feel about

ooking up saw that it was my hus and.

I could not take any comfort from time to quarrel with me," John asked time to quarrel with me," John asked

up in his arms, saying: "It seems, "I am not going to quarrel over Katherine, as though you are having anything, John," I answered. "I'm more than your share of misfortune." tired—or, so tired of having you de-The tears came as he bent down to kiss my lips and I flung my arms around his neck convulsively. "What

Tomorrow-I Change My Tactics.

HE COULDN'T STRAIGHTEN UP James Carman, Mayfield, Ky., writes: My back used to hurt me at times and I could not get straight for half an hour. I took Foley Kidney Pills and have not had the trouble upset last night, John, that I forgot to telegraph you. That is the reason and their great work." Foley Kidney Pills help the kidneys do their work in ridding the system of the poisonous waste matter that causes aches and pains .- A. R. McIntyre Drug Co.-Advertisement

this time, especially as Gaylord of course would be the first to find lault Italy Under New Tax 2. Paper—Subject:

his neck. It hardly seemed possible ROME, March 25 -A tax would be that anybody, especially my husband, imposed on property in Italy owned by could make such a calloused remark, foreigners not living in this country when he must understand that I was under the proposed new taxation and down in the depths of sorrow. John finance law which the government has evidently has very definite ideas of laid before the chamber of deputies, marriage, and that is that it makes two This tax also would apply to Italy's people one. He doesn't spare me at stocks which such foreigners may

e seems to think that I am in ought his other self.

"Here! Here, what are you doing?" heavily taxed. Subscribers to the loan he asked, as I was getting out of bed, of 1920 and capital brought into Italy They told me downstairs that the after January 1, of this year, would.

going down to breakfast and send by the financial expert of the Tribuna, yours up to you." I would like to have my breakfast erty already pays an income tax in the sent up, John," I said; "but you need country where the owner is living not bother to order it. When I am ready I will call a waiter."

The paper points out that such a tax would be likely to discourage entrance would be likely to discourage entrance "Of course I shall order it, my dear of foreign capital into this country Otherwise you will probably nib- which is so necessary for Italy at this

> John Barleycorn's epitaph varies from eight to fifteen dollars a quart.

When Lenine says that the soviet seeks to avoid war, he means that the soviet is not yet ready for war.

Even a spring poet is welcome a tle of them. I'm sure you could if this time of the year.



Tax Reductions

There is a heavy tax on our income to meet the Government's running expenses, and interest on the public debt. This tax we all must, can, and do meet.

There is another tax which money will not discharge the tax on our physical system from stagnation of food waste. Its name is Constipation. It burdens us and makes sluggish a system otherwise perfectly healthy. Nujol will fully clear this tax. Nujol will keep the poisonous waste moving out of the body by this entirely new principle-it works on the waste matter instead of on the system. Every other form of treatment either irritates or forces the system.

Nujol prevents constipation by keeping the food waste soft, thus helping Nature establish easy, thorough bowel evacuation at regular intervals - the healthiest habit

It is absolutely harmless and pleasant to take-try it. Nujol is sold by all druggists in bottles only, bearing Nujol trade mark. Write Nujol Laboratories, Standard Oil Co. (New Jersey), 50 Broadway, New York, for booklet "Thirty Feet of Danger"

A New Method of Treating an Old Complaint.

Contractors and Builders, Attention

Gravel and sand for sale. We will be equipped April first to furnish all grades of sand and gravel, also pit-run gravel in any quantity delivered or at the pit. Our gravel is taken from the junction of the Weber and Ogden rivers. Free from quicksand and lime and analyzed as the best ravel in Weber county. Let us figure with you.

The Walker Co., 623 Eccles Bldg. Phone 1130

THIN PEOPLE SHOULD TAKE

Nothing Like Plain Bitro-Phosphate Put on Firm, Healthy Flesh and to Increase Strength, Vigor and Nerve Force,

Judging from the countless prepara-tions and treatments which are contin-ually being advertised for the purpose of making thin people fleshy, develop-ing arms, neck and bust, and replacing u g l y hol-



lines of health and beauty. there are ev-idently thou-sands of men and women who keenly feel keenly feel their exces-slve thin-Thinness and we a k-

Thinness and we a kn a s a a reoften d u e
to star ved
nerves. Our
bedies need
more phosphate than is contained in modern foods.
If will supply this deticincy so well as the
organic phosphate known among drugrists as bitro-phosphate known among drugrists as bitro-phosphate

Mother's Club Program

Opening Exercises. Roll Call. Reading of the Minutes of last meeting. "The Problem of Punishment '

Fifteen minute discussion by mem-Paper-Subject: "Children's Eyes." Fifteen minute discussion by mem-

Subdivisins for Discussions The Problem of Punishment. Is frequent punishment good for the

Do all children require punishment? Do parents take advantage of their superior strength in punishing the

children? What connection is there between punishment and fear?

Would intelligent direction be better in some instances than punish-How does fear hinder physical and

moral development? b) Children's Eyes. Why are the eyes called "the windows of the soul?"

Is it important to have your child's eyes in good condition? Why? How do the eyes affect the general

health? How is school progress hindered by impaired sight? When should the care of the eyes

Books and Articles to Consult The Problem of Punishment-Study Pamphlet. On the Training of Parents-Abbott. Children's Playground - W. F.

Children's Eyes-Study Pamphlet.

The body in Health-O'Shea and Kellogg.

WAYS TO SERVE FISH

Frozen Fish and Fresh Fish. Put frozen fish in covered dish in re-stuffing of bread crumbs, suet and frigerator and thaw gradually. Cl-an onion seasoned with butter, sait and within twelve hours. The sooner the butter—about three tablespoonfuls ports.

Bake three-quarters of an hour, bast.

The

clear water. Serve with drawn butter, garnish with parsley, sliced lemon heat oysters in sauce and serve hot and sliced hard-boiled egg. Vinegar added to boiled fish gives

spiciness that appeals to many, Creamed Salmon. Remove hones from one can of sal mon and mince flesh fine. Start cook-ing in saucepan with just enough water to prevent scorching. Add cup

of milk thickened with cornstarch or The Best Cough Syrup

is Home-made. Here's an easy way to save \$2, and yet have the best cough remedy you ever tried.

You've probably heard of this well-known plan of making cough syrup at home. But have you ever used it? When you do, you will understand why thousands of families, the world over, feel that they could hardly keep house without it. It's simple and cheap, but the way it takes hold of a cough will quickly carn it a permanent place in your home.

quickly carn it a permanent place in your home.

Into a pint bottle, pour 2½ ounces of Pinex; then add plain granulated sugar syrup to fill up the pint. Or, if desired, use clarified molasses, honey, or corn syrup instead of sugar syrup. Either way, it tastes good, never spoils, and gives you a full pint of better cough remedy than you could buy ready-made for three times its cost.

It is really wonderful how quickly this home-made remedy conquers a cough—usually in 24 hours or less. It seems to penetrate through every air passage, loosens a dry, hoarse or tight cough, lifts the phlegm, heals the membranes, and gives almost immediate relief. Splendid for throat tickle, hoarseness, croup, bronchitis and bronchial asthma.

lief. Splendid for throat tickle, hoarsaness, croup, bronchitis and bronchial
asthma.

Pinex is a highly concentrated compound of genuine Norway pine extract,
and has been used for generations for
throat and chest ailments.

To avoid disappointment ask your
druggist for "2½ ounces of Pinex" with
directions, and don't accept anything
else. Guaranteed to give absolute satisfaction or money refunded. The Pinex
Co., Ft. Wayne, Ind.

AGAINST BOLSHEVISM TRY THIS



Living people are sacrificed in "laboratory" of Boishevism like the rabbits and guinea-pigs

Scalloped salmon or tuna (Canadian). Shred one can of fish, Place in baking dish in layers, first a layer of cracker chumbs, then a layer of ser fish, then butter, salt and pepper and Free repeat until saucepan is nearly filled. A tablespoonful each of butter and flour beaten well together are stirred into a cup of boiling milk. Pour this over dish and bake. When browned it is cooked sufficiently.

Game Fish. Game fish is usually fried. Scale, clean, wash and dry fish. Season and roll in cornmeal, cracker or bread rumbs or white flour. Fry in boiling fat-vegetable fat being excellent for this purpose. A mixture of half lard and half butter also adds to the natural flavor of the fish.

Broiled Fresh Fish. amount of lard and butter or vege patch to the Dally Graphic. table oil. Season fish with salt and pepper. Broil slowly, turning fre-quently. When bone can be lifted free-party returned to the spot and found y without flesh clinging the fish is the jungle so dense that the natives sufficiently cooked. Broiled Fish Steak.

Salmon, halibut, swordfish. Sprin-Salmon, hallbut, swordfish. Sprin-kle steaks with salt and pepper and of the native story as to the history dip into beaten egg and cracker of the chair has been obtainable and crumbs. Cook fast, and serve gar how it came to be in the jungle renished with slices of lemon dipped in mains a mystery. chopped parsley.

Boiled Fresh Fish. Sturgeon, salmon, halibut, etc. Sew fish in cheesecloth bag and boil in salted water one-quarter hour per pound. Boil gently. When sufficientiy cooked put on platter without breaking. Serve with drawn butter, and fuice of quarter lemon or Cheesecloth bag is not neces sauce. Children's Playground — W. F. sary if fish is boiled in kettle with strainer bottom—so it can be lifted out

without breaking. Baked Fresh Fish.

Salmon, haddock, pickerel, white-sh, etc. Scale and clean three to fish, etc. six pounds fish. Slit entire length, af-ter removing head and tail. Rub well inside and out with salt. Pack in stuffing of breadcrumbs and oysters, seasoned with butter, salt and pepper, stuffing of bread crumbs, suet and ed as soon as possible after being tak-en from the water.

Sait Fish—Boiled.

Bake three-quarters of all hour, based ing frequently. Egg is sometimes used to enrich stuffing. Served with oys-ter sauce: Parboil cup of oysters. Cod, mackerel, etc. Soak salt fish Drain off liquor and blend with double wer night. Boil in cheesecloth bag in amount of milk. Add butter and flour lear water. Serve with drawn but- to thicken and stir until smooth. Re-

CADOMENE GOOD FOR OLD PEOPLE This Voluntary Letter

The Blackburn Products Co., Dayton, Ohio.

Dear Sirs: I just bought another tube of Cademene Tablets. My wife and I have used one tube and find them as you state. They have made my wife a whole lot better, as she was so cross from being so nervous and run-down. They have helped me, too, as I was so nervous and irritable and unable to sleep. We are both getting well along in years, although we do not feel old since taking Cadomene Tab lets. They surely made us feel like new people, all right, etc. Yours respectfully, Hugh Kelsoc, 210 E. Broadway, Muskogee, Okla. Cadomene Tablets is the best medicine for nervous, run-gists everywhere. — Advertisement.

Massive Copper Chair Found in a Jungle

LONDON, March 25 .- The massive chair made of copper, which natives believe was given by the late Queen Victoria of England to an Ashanti chieftan and used by him as a throne has been discovered in the midst of a jungle far from human habitation in the Gold Coast Colony, West Africa. According to native legend it was placed over the grave of the chieftan who had occupied it when alive.

In their superstition they belive he still sits upon his old throne in spirit at certain times and, for this reason -Advertisement, they have never tried to move the

PERFECT HAIR

Coupon Brings Trial Package of "Brownatone."

"Brownatone."

WHY ENDURE GRAY HAIR?

We want every woman to know not only how easily she can tint gray, faded, streaked hair herself but how truly wonderful is the result produced when Brownatone is used for this purpose. Thousands of women already know and use this perfect hair tinting preparation but other thousands have yet to learn, from actual experience, how marvelously it restores to gray, faded and elously it restores to gray, faded and leach thair its original beauty and



"It's so Easy Now to Have Beautiful Hair. "Brownatone' is the one safe, reit able, easy to apply hair tint for changing gray, faded, or bleached hair to any beautiful shade of brown or black.

Absolutely Harmleas.

Greaseless, edorless, easy to apply—a comb or brush is all you need. Instant in results and guaranteed to contain ne lead, sulphur, silver, zinc, mercury, antine, coal tar products, or anything to injure the most tender scalp. Far superior to so-called "restorers" and harmful "dyes."

Sold and recommended by reliable drugglets everywhere. Two colors: "Light to Medium Brown" and "Dara Brown to Black." Two sizes, 35c and \$1.15. Refuse all substitutes. Used and endorsed by thousands of women in society and the business world.

Special Free Trial Offer.

Special Free Trial Offer.

Send only 11c with this coupon for Free trial package and helpful booklet on the care of the hair.

Mail This Coupon Now.
The Kenton Pharmacal Co.,
506 Coppin Bidg., Covington, Ky.
Enclosed find 11 cents (to cover
postage, packing and war tax) for
Trial Package of Brownstone.
Light to Medium Brown or

..........Dark Brown to Black

Mark with X shade wanted and mail with your full name and address

-Advertisement

Griddle should contain only a small rooted itself in the ground, says a dis-

A Gold Coast surveyor first stumhad to hack a path with cutlasses through the undergrowth.

Plan to Expand Foreign Trade of United States Similar to British Scheme

plan has been formulated here to expand the foreign trade of the United hundreds of British manufacturers States through the use of shipping States through the use of shipping who are backing the organization of board steamships as exhibition vessels the British products touring exhibifrigerator and thaw gradually. Online seasoned with outter, sait and to carry American manufactured products after thawing and cook pepper. Cover fish with small bits of ucts and visit the world's principal

The idea, advanced by the foreign American manufacturers, who have commerce service of the Southern never thought in terms of export trade, Railway and Mobile & Ohio railroads, to enter that business at a comparahas been presented to the Midwest-Guif-South Atlantic Foreign Trade and Transportation committee, representing commercial organizations of the principal middle west and southern states, which has been asked to lend its weight to fruition of the plan-Answers to letters sent to more than

a score of cities in the organization enthusiastically endorse the plan, according to H. G. McLean, of Louisville, assistant foreign freight traffic manager of the two railroads.

Gigantic Touring Exhibition. Mr. McLean says the plan is similar to that proposed by the British government which proposes touring exhibition for British industry. The British plan, as described in a recent American consular report, would initiated with an itinerary comprising South Africa, Australia, New Zealand, and Canada, "The duration of the tour," the report says, about 18 months and should the ven-ture be attended with that degree of success which is anticipated for similar projects to other parts of the world will receive consideration. It is intended that some 500 British firms shall be invited to take part in the tour. The scheme has been sanctioned

VICTIMS RESCUED

Kidney liver biadder and uric acid troubles are most dangerous because of their insidious attacks. Heed the first warning they give that they need attention by taking

GOLD MEDAL CAPSULES

The world's standard remedy for these disorders, will often ward off these discases and strengthen the body against forther attacks. Three sizes, all druggists. Look for the name Gold Medal on every bea



by the government board of trade and his bedside petitioning Divine Provithe venture will be planned and car-dence for presents in a very loud ried out by the department of over-voice. "Please send me." he shouted, "a seas trade.

American Plan to Compete. Use of American foreign trade exhi-

bition ships, Mr. McLean said, would his younger brother interrupted. "God enable hundreds of American manufac products before thousands of foreign winking toward the next room, "but buyers. Such exhibitions in charge of grandma is,"-London Opinion. competent salesmen, he declared, would make possible a vast coordinat-

ed American foreign selling organiza-

bicycle, a tool chest, a-" "What are you praying so loud for?"

"I know he ain't," said little Willie,

With the announcement that the

government is going to hand out free

Doctor Issues Warning And Tells How to Stop Tobacco Habit

ti n. "Moreover," said Mr. McLean, liquor to combat the spread of flu,

New York: Dr. Connor, formerly of Johns Hopkins Hospital, says: I am often asked if I know anything to stop the tobacco habit and I always recommend Nicotol, which I always prescribed with great success. Nicotol contains no habit-forming drugs, is absolutely harmiess and produces astonishing results in a very short time. The use of tobacco saps the vitality, vim, visor and ambition of the slave who is enthralled by its seductive effects. It undermines the saps the vitality, vim. Tisor and ambittion of the slave who is enthrafled by its seductive effects. It undermines the tobacco habit—away ahead of anything seductive effects. It undermines the tobacco habit—away ahead of anything we have ever sold before. We are authorized by the manufacturers to represent the start of the money to every dissatisfed customer and we would not permit the use of our name unless the remedy possessed unusual merit. Nicotel is sold in this city under an iron-clad money-back guarantee by all up-to-date druggists including McIntyre Drug Co.,—Adv.

YOUTH'S METHODS.

After the announcement that the

queen of England smokes cigarets, we

LOUISVILLE, Ky., March 25.-A "the exhibitions are absolutely neces the epidemic seems to bid fair to riva sary to meet the combined plans of that of 1918.

> an't help but wonder if Cleopatra Furthermore, said Mr. McLean, it puffed away on Camels. would enable a very large number of The government, by fixing the price of wheat, helped the farmers apprecito enter that business at a compara- ate what is meant by golden grain. tively small cost.

> There is no harm in announcing that you are a candidate for president. It was the week before little Willie's The harm comes in when you insist birthday, and he was on his knees at that you are one.

